

# BARSTOW LOG

SERVING MCLB DURING TRANSITION AND CHANGE

Vol. 5, No. 27

Marine Corps Logistics Base Barstow, California

May 17, 2001

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Check out the new Marine Corps homepage.

<http://www.usmc.mil>

**BARSTOW LOG**

<http://www.barstow.usmc.mil>

# RIF:

## Command uses next alternative to reshape work force for MEO

Compiled by Base Staff  
Barstow Log

Reduction in Force notices were delivered to 174 base personnel Tuesday as the next step in reshaping the work force to meet the objectives of the Most Efficient Organization that resulted from the A-76 study.

Reduction in force is the procedure that must be followed to align the personnel in the new organization.

Those receiving notices were also provided general information on the RIF process and procedures from the Human Resources staff. Each affected employee was also offered the opportunity to have their case discussed and their options explained.

"Some people may have to take a different position on the base even though they will be doing the same job; others may have to accept a reduction in grade or position, said Col. Mark A. Costa, base commander. The "goal is to have everyone accommodated with a reasonable offer."

The plus side of the notices is that the base is now able to provide assistance to affected personnel that it is not normally permitted to provide.

Tuesday's issuance of notices began the 60-day RIF notification period that concludes July 16. "During this period, if there are any vacancies or job openings for whatever reason we will issue amendments to the offers," said Esther V. Gonzales, Human Resources Office manager here.

The base has done everything possible to reduce the work force without having to perform a RIF action according to Gonzales.

"The base command element has used all available options to reduce the work force in anticipation of the MEO," said Gonzales. "They've done the voluntary early retirements, voluntary separations incentives, restructuring, everything. This is the only alternative left to reshape the work force to meet the MEO.

The MEO is the government's proposal for the most efficient in-house organization; The MEO was used in the A-76 Commercial Activi-

See RIF Page 11

## Medical/Dental clinics ready to serve military, civilians

By Sgt. Brian Davidson  
Press Chief

The officers and staff of the MCLB Barstow Branch Medical Clinic, Camp Pendleton Naval Hos-

pital, held a ribbon cutting ceremony to celebrate the building's opening and their move back to the newly remodeled facilities Friday morning.

The Branch Medical Clinic

moved into a temporary facility at the Yermo Annex that originally served as a barracks in December of 1999 while the Nebo facilities underwent demolition and construction. The year-and-a-half project was completed by C. E. Wylie Construction after a \$2.3 million project request was put forth by the Base Public Works Office in late Sept. 1999.

"The challenge proved to be no small task for anyone involved," said Navy Lt. Marc Bernath, deputy resident-office-in-charge of construction. "After 15 change orders, an additional \$316,000 and nearly two years later, the new clinic facilities came into being only as a result of a major team effort all of the way around."

Headquarters Marine Corps granted funding for the project.

According to Lt. Cmdr. Sally Roldan, BMC officer-in-charge, the upgrades are expected to considerably increase the quality of care for clinic patrons because of improved facilities and amenities.

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Photo by Donna Redes

Honored guests and key figures in the Branch Medical Clinic renovation assist Col. Mark A. Costa, base commander, in the ribbon cutting Friday morning.



Photo by Gunnery Sgt. Frank Patterson

JoAngela Yount, Oasis Club manager, changes the club's marquee on Boll Road to reflect the new hours. The Oasis Club is now open Thursday nights for members in addition to the Friday Social Hour after working hours.



## THE COMMANDER'S FORUM

The "Commander's Forum" is a tool of the Base Commander to hear and address the concerns of base residents, employees and others. To contact the Commander's Forum, call the hotline at 577-6535 or send your concerns via e-mail to SMB Barstow Commanders Forum.

Q

Why aren't retiring Marines provided funded orders to the pre-retirement seminar in Camp Pendleton?

I know TAD funds are tight but this seminar is not provided aboard Barstow and, as I understand it, very worthwhile.

I believe that we should find cost reductions in other areas and not in "people programs".

Seems to me that the least we can do to thank a Marine for his/her 20 plus years of service is to fund their attendance at the pre-retirement seminar. Thank you, sir.

A

Thank you for raising this issue; it gives me an opportunity to comment on the importance of planning to transition or retire.

Over the last two calendar years MCLB Barstow has had an average of 16 officers and staff noncommissioned officers retire.

As I mention at every Transition Assistance Program seminar we hold on the base, to not only retirees, but every Marine leaving the service, you owe it to yourself to plan, and we owe it to you to assist because you have served.

The seminar you mention is targeted to Marines and Sailors two years from retirement.

In fact, I attended that seminar last summer.

I encourage all Marines contemplating retirement to attend this valuable training to begin the preparation for transition into the civilian work force.

And I strongly encourage all commanders, directors and leaders at all levels to allow their Marines and Sailors the opportunity to attend.

Unfortunately, we are unable to fiscally support full TAD funding for this number of Marines.

However, to minimize the out-of-pocket expenses the following support will be provided by the base: The Director, Administrative Support Department, will issue Permissive TAD orders to ensure priority of billeting at Camp Pendleton.

Also the Director, Installations and Logistics Department, will make GME vehicles available, when possible, to offset the cost of wear and tear and fuel.

Again, thank you for raising this issue, it is important and I believe we can make available the maximum opportunity to attend this seminar.

## Are all changes for the best?

By **Sgt. Maj. Stephen H. Mellinger**  
Marine Forces Pacific

A lot has changed since my joining this gun club 29 years ago. Going back to my PFC days, I remember our choices for breakfast at the chow hall. Basically, it was cold, green "B" RAT scrambled eggs or cold, green "B" RAT scrambled eggs. There were unconfirmed reports that Marines offered left over chow to farmers for their hogs, but it didn't work. The hogs refused to eat it. However, today's chow hall food (compared to what it used to be) is outstanding.

I know you're thinking, "Here comes the 'Old Corps' speech," but it's not. Many changes that we've seen have been for the betterment of our Marines and our Corps.

I'm happy for the changes in better uniforms, equipment, chow, weapons and technology. But there are some evolutions

See **CHANGES** Page 11

## Serving my Owner

By **Lt. Cmdr. Elmon R. Krupnik**  
Base Chaplain



I'm sure many of you have a favorite pet or pets. Our pet is a miniature schnauzer, by the name of Panzer.

Panzer is always there to meet each

one of us when we come home, and he is just as happy to see us if we have been gone five minutes as if we have been gone for five days. He loves to give out affection and seems to know when a person is feeling down. He loves serving his owner.

Panzer's faithfulness, love, devotion and affection towards his owner makes me think about the unconditional love relationship I have with my God.

Spiritually, God is the owner of our spirit, and it is through that relationship of the spirit that God wants us to always try to be joyful and happy in that relationship regardless of the circumstances. It makes me think about in

everything I do, and in all of the circumstances I am involved in, am I glad to have God in that relationship? Philippians 4:4 states, *"Rejoice in the Lord always. I will say it again: Rejoice!"*

Are we always welcoming God's presence in our lives?

God tells us He will never leave us or forsake us. There have been times in my life when I was searching for and doubting the presence and existence of God in my life. In reality, what I was doing was not being open to His presence, open to His ownership of my spirit, open to the ownership God has of my life.

This does not mean the relationship we have with God comes easy. Many times it comes with difficulty. However, as we mature in our lives, we begin to understand the relationship we have with God in our lives grows in value as God works with us through those difficulties.

As we go through life, let us remember to be open to and rejoice in the relationship we have with God.

Blessings to all,  
Chaplain Krupnik



## What being a military dependent means to me

By **Alethea Wall**  
Barstow Commissary  
scholarship winner

Alethea Wall, daughter of Louise and Cody Wall, former Marine Corps major and currently the base's assistant General Counsel, is a student at Apple Valley High School. She plans to attend Brigham Young University in the fall. This is her winning essay.

My father joined the military in 1978 a few weeks before my oldest brother was born because it provided a sense of security for our growing family. There was a steady job with a steady paycheck, and free medical care. We became a part of the military family, who made sure that our needs were met. The military bases that we lived on were like gated communities, with commissaries, exchanges, seven day stores, gas stations, fast food restaurants, parks, gyms, pools, hospitals, clubs, movie theaters, churches, and even schools. We were members of an elite club, but what did we have to pay to be a part of it, an association fee or our fathers?

Throughout the history of our country, brave men have put their lives on the line to make the United States of America the great nation that it is. They fought for our freedoms and liberties, for common decency and equality, for the right to vote and to pursue their dreams, for the ability to worship God in their own manner and to raise their children in a place where their roles in society would not be dictated to them by kings and social classes. Men went to war and left their families behind because they felt so strongly about the cause that they were fighting for, freedom for all. Some of those men returned home while others were not as lucky, but they all fought and stood for something, something virtuous in a world full of anger and hatred. These courageous men left behind a legacy that will always

See **SCHOLARSHIP** Page 11

### Chapel Services

Protestant Sun. 8:30 a.m.  
Mass Sun. 10:30 a.m.

**Confession services**  
**before Mass**

### Nebo Bible Study

Wednesday Noon-1:30 p.m.

At the **Chapel Office**

For more info call  
577-6849.



Marine Corps Logistics Base Barstow, California  
Colonel Mark A. Costa, Commanding Officer

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## NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to [editor@barstow.usmc.mil](mailto:editor@barstow.usmc.mil).

### Kindergarten Roundup Schedule

Barstow area schools are taking kindergarten registration on the following dates. Immunizations are available at each school site.

**Henderson:** Wednesday, 8:30 a.m. to 3 p.m. No fingerprinting available. For more information, call Linda Lytle or Mabel Rodriguez, 255-6250.

**Lenwood:** May 25, 9 a.m. to noon and 1 to 3 p.m. Fingerprinting available from 9 a.m. to noon. For more information, call Espy Gutierrez or Venetia Wynn, 253-7713.

Parents must bring their child's birth certificate, proof of residency, immunization records, social security card and a record of a physical for registration. Physical forms are available at the schools' main office or from the family's health care provider.

All Barstow Unified Schools District schools not listed have already begun their kindergarten registration process.

### JROTC instructors needed

The Department of Defense is seeking military men and women to instruct high school Junior Reserve Officer Training Corps students.

According to the American Forces Press Service, pentagon officials estimate there will be about 1,200 openings over the next three years. By 2005, the program will employ about 7,000 instructors.

Retired active duty officers and enlisted personnel are eligible to apply. There are no age limits. Processing time may take from six months to a year, and people may apply while they are still on active duty. The service secretaries can hire O-4s to O-10s and E-6s to E-9s. Sometimes they take retired E-5s.

Each service has about a seven- to 10-day instructor training program. Once trained and certified by their service, it is up to school districts to actu-

ally hire JROTC instructors.

Once hired, instructors continue to receive their military retired pay. The service branch and school district then split the difference that returns the instructors' pay back to active duty levels.

For more information go to DoD's Transportal Web site at <http://www.dodtransportal.org>. Once there, click on the "Internet Career Links" button and then scroll down to "Specialized Job Search Links," where links to the four service branches' JROTC program pages are listed.

### Montgomery GI Bill buy up

Effective May 1, active duty members whose original Federal Education Benefit Program is the Montgomery GI Bill program may make an additional contribution (buy up) of up to \$600 to receive increased monthly benefits.

The MGIB benefit increases by \$1 for 36 months for every \$4 contributed.

For example, if a member contributes the entire \$600 additional amount, the monthly MGIB benefit would increase by \$150 per month.

The current MGIB benefit for full-time school enrollment for veterans is \$650 per month.

This additional contribution would result in a total MGIB monthly benefit of \$800.

Contributions of less than \$600 are allowed, but the benefit, a maximum of \$5,400 is reduced proportionately.

Participants can only draw this benefit after paying the required \$1,200 and serving a minimum of two years.

For more information about the MGIB buy up, call Lance Cpl. Angelina A. Marrero, 577-6843.

### Military Record Requests

Service members can get a copy of their Military Records online at <http://www.nara.gov>.

[www.nara.gov](http://www.nara.gov).

With access to a printer and Adobe Acrobat Reader, people may download and print a copy of the Standard Form 180 - Request Pertaining to Military Records.

### Silver Lakes Clean-up

The Bureau of Land Management, in partnership with the Silver Lakes Association and several local sponsors, is seeking volunteers to participate in a collaborative stewardship effort to clean up the private and public lands surrounding the Silver Lakes area.

The clean-up begins Saturday morning starting with registration at the North Beach at 7:30. Work crews begin at 8:30 and continue until noon.

Local sponsors are providing lunch, and the first 100 volunteers receive a T-shirt.

For more information contact the BLM volunteer coordinator, Rose Foster, 252-6011.

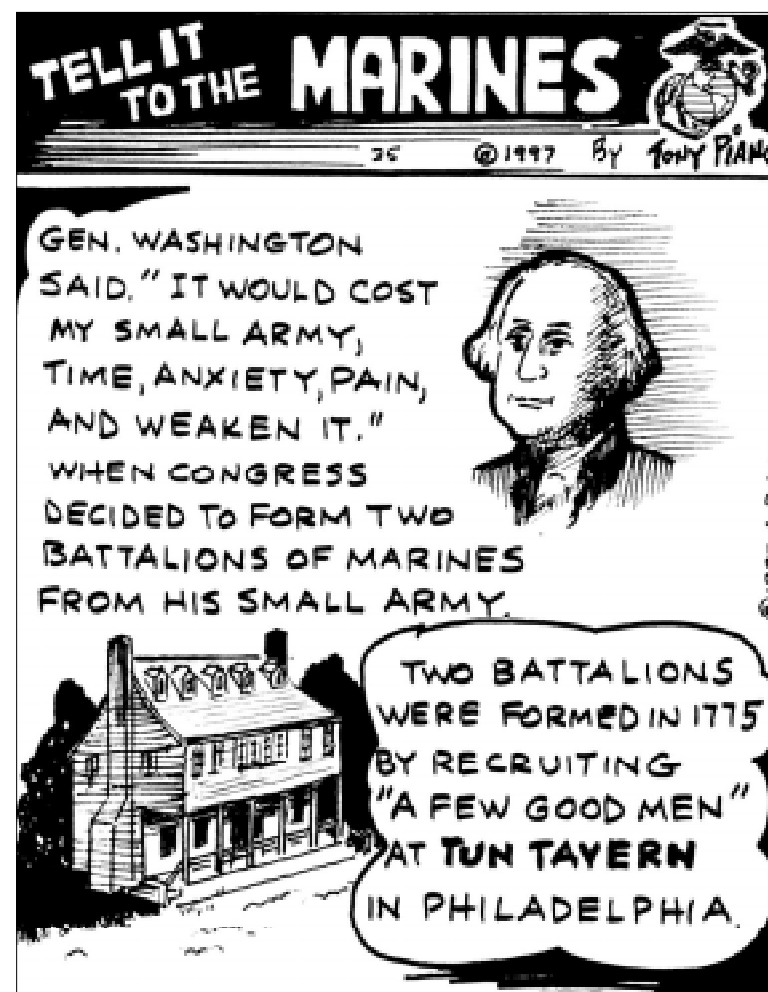
If you have witnessed an illegal dump or have information regarding a dump, contact Brian Willbond, BLM ranger, 252-6085.

### Scholarships for Juniors and Seniors

Children and Youth Programs announce the President's Student Service Scholarship in partnership with Boys & Girls Clubs of America.

As an affiliate of the Boys and Girls Clubs of America the Marine Corps Logistics Base Youth Activities Center is eligible to participate in the President's Student Service Challenge. Two members, who are currently high school juniors or seniors, will each receive a \$1,000 scholarship for outstanding service to the community. In addition to the scholarship, students receive an award certificate, a letter of recognition, and the President's Student Service Award gold pin.

Boys and Girls Club members who



are high school juniors or seniors during the 2000-2001 academic year and who have contributed at least 100 hours of service within the past 12 months are eligible for the scholarship.

Students must be U.S. citizens or permanent residents and attend a public, private, charter, or parochial school. Students must also meet the eligibility for Children and Youth Programs (a dependant of active duty military, retired military, DoD civilian employee APF or NAF of DoD contractor), and register at the Youth Activities Center. Deadline for scholarship applications is Friday.

Applications and registration forms can be picked up at the Child Development Center, Bldg 372 or the Youth Activities Center, McKinney Complex.

For further information contact Children and Youth Programs, 577-6287.

### Youth Drug Education Program

The Drug Education for Youth program has made its way to Barstow. The first phase of the program, a two-week summer leadership camp is June 18-29.

The DEFY program began as a special initiative by the Secretary of the Navy in 1992 when the Navy Drug Demands Reduction Task Force was established.

The year-long, two-phase program focuses on the character, leadership skills and confidence of youth 9-12 years of age, and encourages positive, healthy and drug-free lifestyles.

The first phase leadership camp in June is designed to develop life skills training in peer group leadership, con-

flict resolution, preemptive prevention tools for an anti-drug and anti-gang attitude, self confidence and physical education.

The second phase is a ten-month program that matches youth with mentors to reinforce the lessons and expand the skills learned during the first phase.

For more information on how to volunteer for the summer leadership camp or the mentor program call the Chaplain's office, 577-6849, or Gunnery Sgt. Bruce Raymond, 577-6364.

### Route 66 Street Fair

The Barstow Area Chamber of Commerce's Annual Route 66 Street Fair and Market Festival begins June 5 and continues through August 28.

This year's events will be held on Main Street in Old Town Barstow, between Barstow Road and Second Avenue. Festivities run from 6 to 10 p.m. each Tuesday.

Kicking it off on June 5 will be the always popular Calico Night. Additional themes planned for the street fair include City Night Out, National Night Out, Multicultural Night, '50s Night and Off Road Night.

Anyone interested in being a vendor or assisting with the planning of this summer's community events call Cheryl Beardshear, 255-4834, or the Chamber of Commerce, 256-8617.

### Safety Shoes available

Purchase safety shoes May 25 at Yermo Annex at the parking lot in front of Building 573 from 7-11 a.m. and on Nebo at the parking lot at the east end of Building 236 from noon-2 p.m.

## Job Watch

Annc No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-190-01	Materials Handler (FLO) WG-6907-05 (Term NTE 18 months)	04-25-01	05-23-01	05-09-01	MCLB Barstow
DEU-205-01	Family Services Counselor GS-0101-11	05-02-01	05-31-01	05-10-01	MCLB Barstow
OTR-042-01	Heavy Mobile Equip Mech Helper WG-5803-05	04-24-01	05-22-01	05-08-01	MCLB Barstow
OTR-045-01	Materials Handler WG-6907-06 (Temp NTE one year)	04-25-01	05-23-01	05-09-01	MCLB Barstow

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

**Human Resources Service Center, Southwest**

**ATTN: Code 522 (announcement number)**

**525 B Street, Suite 600**

**San Diego, CA 92101-4418**

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office, 577-6357.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.



# Asian Pacific Americans seek recognition

By Jim Garamone  
American Forces Press Service

WASHINGTON – Asian Pacific Americans were among the last group of immigrants to flood the shores of America – “melting pot of the world.”

First, there was a great wave of European exploration and colonization. Colonists later brought shiploads of Africans to work on southern plantations.

Next the Chinese were brought to work on the Pacific railroad. Later, Japanese, Filipinos and Koreans came to work on Hawaiian sugar plantations, according to researchers at the Defense Equal Opportunity Management Institute, Patrick Air Force Base, Fla.

Today, Asian Pacific Islanders, along with Hispanics, make up the largest groups coming to the United States, according to the Immigration and Naturalization Service statistics for fiscal 1996.

There were restrictive country quotas limiting the number of Asians and Pacific islanders allowed to immigrate into the country.

That changed with the enactment of the Immigration Act of 1965

leading to a great wave of Asians coming to America after the fall of Vietnam in 1975.

“With different histories, cultures, languages and identities, Chinese, Japanese, Filipinos, Asian Indians, Koreans, Southeast Asians and Pacific Islanders are grouped together as Asian Pacific Americans,” read the institute’s publication.

“Until World War II, there is little known of the contributions of Asian Pacific Americans to the Department of Defense,” researchers noted.

Growing sentiment in the Asian Pacific American community for national recognition of their contributions to U.S. history and culture prompted Congress to pass resolutions proclaiming the week of May 4, 1979, as Asian Pacific American Heritage Week, said Corazon Sandoval Foley, chairperson of the Asian Pacific American Federal Foreign Affairs Council. Foley is also a senior regional economist for East and South Asia in the State Department’s Office of Economic Analysis, Bureau of Intelligence and Research.

“President George Bush proclaimed the months of May 1991 and May 1992 as Asian Pacific American

Heritage Month,” said Foley. “(New York) Congressman Frank Horton sponsored the resolution which became law in 1992 which proclaimed May as the Asian Pacific American Heritage Month.

“He said the celebration is a way of saying a special ‘Thank you’ to the millions of Asian Pacific Americans who have contributed to making this country the greatest nation on Earth,” said Foley, a Filipino American. May was chosen because it marks the anniversary of the arrival of the first Japanese immigrants to America.

May also marks the anniversary of the driving of the Golden Spike, highlighting the completion of the transcontinental railroad.

U.S. railroads brought Chinese workers to the United States to build the Central Pacific railroad across the Sierra Nevada.

“Commemorating the heritage and culture of Asian Pacific Americans is a time of great pride and rededication to the cause of greater representation and participation by the community in all aspects of American life,” Foley said.

See HERITAGE Page 11



## Asian Pacific Islander luncheon

The Asian Pacific Islander committee is having a training luncheon May 22 from 11 a.m. to 12:30 p.m. at the Oasis club.

Tickets are \$7.50 per person.

On the menu is beef broccoli, chicken adobo, fried rice and fortune cookies. Guest speaker for the event will be Helen Sampilo.

There will also be a variety of entertainment featuring Japanese, Filipino and Samoan groups.

Seating is limited. For reservations, call one of the following API committee members:

<u>Name</u>	<u>Office</u>	<u>Phone</u>
Dan Keirn	Audio/Visual	577-6614
Amy Mandap	Comptroller's office	577-6895
Tulu Niusulu	Maintenance Center	577-7180
Fred Molino	Metrology	577-7210
Sam Callejo	Comptroller's Office	577-6632
Helen Sampilo	Occupational Health	577-7746
Corina Bonner	Comptroller's Office	577-6619
Debbie Anilao	Installation and Logistics	577-6747
Hegi King	Fleet Support Division	577-7441
Vince Chavez		577-7075
Vee Pasco	MCCS Finance Office	577-6419

# Fun, sun: How dangerous is the mix?

By JO2 Duke Richardson  
Naval Medical Center Portsmouth

Springtime is here and summertime is sneaking around the corner. But before breaking out the beverage cooler and racing off to have some fun in the sun, it pays to remember there are a number of dangers to be wary of during the sunny months. Sunburn is a potential risk for people during the spring and summer seasons. It's not uncommon to see sun-worshippers severely burned or "lobsterized" by the sun's hazardous rays. Overexposure to the sun's rays can be extremely dangerous. Potential threats include premature aging of the skin, immune-cell disruption, and cataracts and other eye problems. Continuous overexposure to the sun can lead to skin cancer. Just like the effects of radiation, sunburn is a delayed reaction. It becomes noticeable hours after exposure to the sun. The potential risks of exposure to the sun may prompt the question, "Why bother going outside at all if I'm only going to end up doing harm to myself?" Don't get too discouraged. There are a number of steps you can take to minimize your chances of being bitten by the sun's ultraviolet rays.

- Avoid sun exposure when it is at its

peak - between 10 a.m. and 3 p.m.

- Make sunscreen your best friend during the spring and summer. The skin protection factor (SPF) should be at least 15. Sunscreen should be applied before going outside to allow maximum absorption into the skin. It should be reapplied regularly approximately every 90 minutes, especially after swimming or sweating heavily. The sun's reflective rays can affect areas of the body that might not be protected such as under the shin, so don't neglect those areas.
- Apply zinc oxide cream to nose and lips.
- Be sure to wear sunglasses that block ultraviolet rays, especially while sunbathing or using tanning booths.
- Wear protective clothing and a hat on sunny days and bright/cloudy days.

If you do get a mild sunburn, there are ways to treat it. One of the best methods is by taking a cool bath or shower, using cool compresses and applications of calamine lotion. Be sure to avoid sun exposure until the sunburn has completely faded, otherwise there is a high risk that it will worsen. Anesthetic sprays containing benzocaine can help relieve the pain that comes with sunburn. You can also take aspirin or acetaminophen to reduce pain and inflammation. Avoid wearing clothing that rubs the burned area.

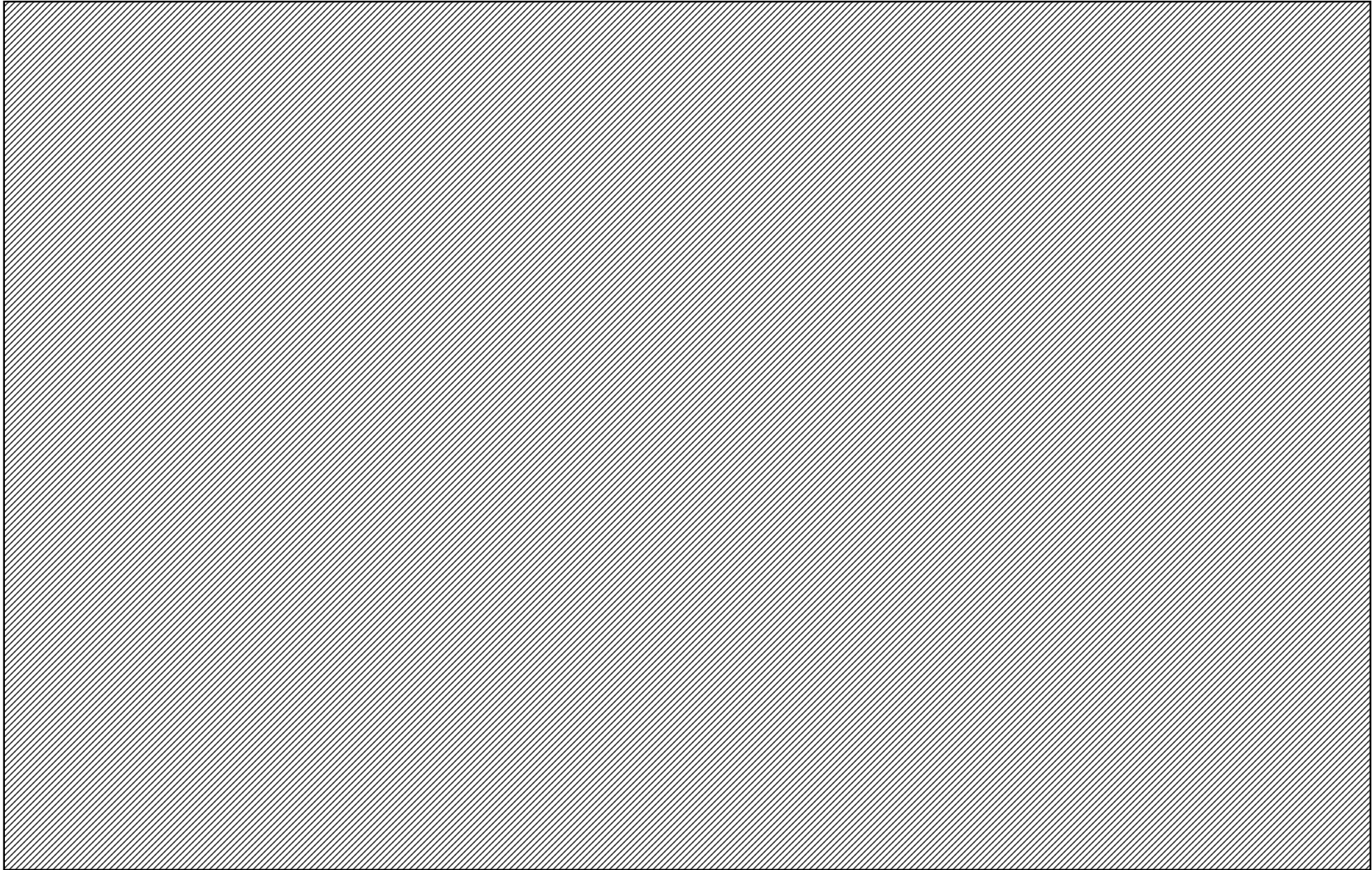
If a case of severe sunburn results in blistered skin, do not apply any topical

medicine to the burn unless a doctor tells you to do so. It is also a good idea to not break the

blisters since that could lead to infection. If the blisters break on their own, bandage them lightly.

When suffering from any type of sunburn, be sure to drink plenty of fluids and immerse the affected areas in cool water for 10 minutes at a time. If the problem persists, or a headache, nausea or a high temperature is present, contact a doctor.

Armed with these tips and a healthy sunscreen, the summer months can provide hours of outdoor enjoyment without getting burned.





# Armed Forces Day message

**By Gen. Henry Shelton**  
Chairman, Joint Chiefs of Staff

On the first Armed Forces Day in 1950, President Truman called on Americans to recognize the skill, gallantry and uncompromising devotion to duty characteristic of the Armed Forces in the carrying out of their missions.

Today we continue this tradition as Americans are reminded of the hardships our service members willingly endure to keep this great country free and strong.

Our men and women in uniform share the spirit of service and devotion to duty that are the hallmarks of the profession of arms. Like all who have carried the torch throughout our history, today's warriors bear the burdens that make our nation's blessings a birthright for all citizens.

## CLINIC from Page 1

Roldan's commanding officer, who was in attendance, agreed.

"Every time I've come here I have been impressed by the standards and quality of care our Sailors are putting forth," remarked Navy Capt. W. M. Harriman, Naval Hospital Camp Pendleton commanding officer. "Now, with the upgraded facilities, the level of the work being done here can only improve. We all owe Commander [Gregory L.] Simpkins a great deal for what he has been instrumental in doing here."

Simpkins, the assistant officer-in-charge at the base clinic who was instrumental in bringing about the transition, said the hard work and patience of the Sailors and everyone involved was in itself a great contribution to the success of the project.

The long saga to improve the clinic actually started during World War II when Building 17, the first section of the clinic, was constructed to function as a temporary dispensary for the base

population.

The first of four subsequent additions came in 1945 and the final in 1953. Over time, little, besides re-roofing and remodeling, has been done to improve the facilities.

In 1994, a plan to improve the facilities was drafted and later revised to

fit the evolved needs of the MCLB community.

The final product of the joint effort between the ROICC Office, Public Works, C. E. Wylie Construction and key Branch Medical Clinic personnel is four renovated buildings comprising 16,000 square feet and online

with current standards for medical care and the administrative needs of the clinic's staff.

Some of the set backs often encountered in the remodeling are unforeseen sight conditions. The clinic buildings had their share, too, according to Suk Lee, ROICC Office civil engineer.

"Basically, in remodeling you usually encounter some surprises, said Lee.

"And, the clinic is a very large area, so we expected some unforeseen sight conditions like asbestos, but not as much as we'd discovered. We even found it places it shouldn't have been," he said, adding, "it was a challenge we had to work around."

That challenge added nearly \$60,000 to final cost of the renovation. Finding the funds to cover the additional cost is Sharon Ott's job.

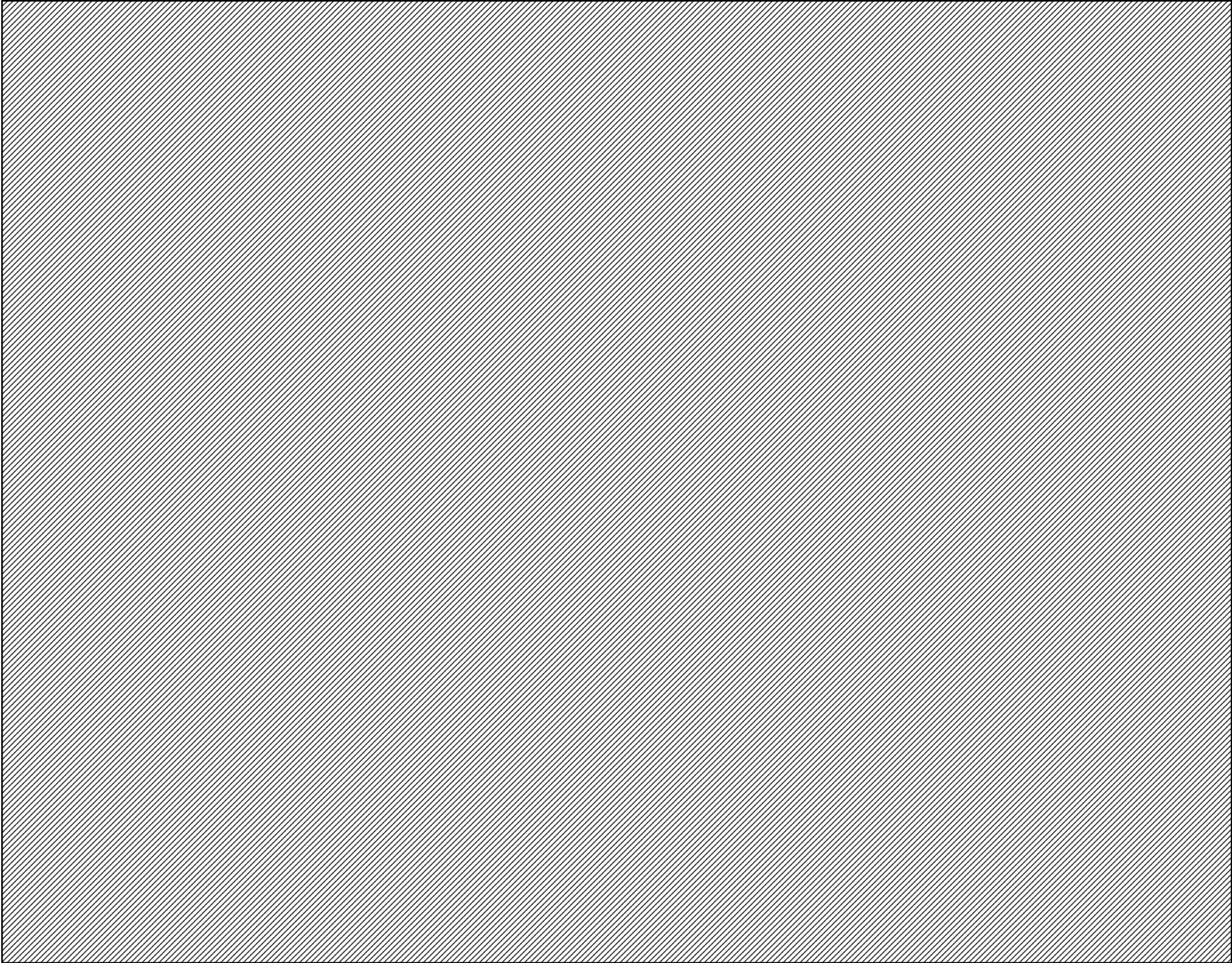
"It's not unusual to need more funds than you start out with. During the clinic project I requested more funding on three different occasions," said Ott.

Not bad for a project the size of the clinic undertaking, according to Ott.



Photo by Sgt. Brian Davidson

Commander Gregory L.. Simpkins addresses the crowd of attendees during the Branch Medical Clinic's ribbon cutting ceremony May 11.



# ENERGY: Base officials to publish new energy policy letter



Photo by Cpl. Joshua Barnhardt

Turning off a power strip/surge protector at the close of business is just one method that base officials are proposing to reduce base energy consumption. Other suggestions are turning up thermostats, using task lighting in work spaces, and shutting off computers and peripherals if they are not in use for at least 30 minutes. If you have an idea for saving energy, tell Larry Emmons, the base energy manager, 577-6739.

**By Gunnery Sgt. Frank Patterson**  
Public Affairs Chief

The year 2001 has been a year of challenges for MCLB Barstow, and just when the light is coming through at the end of the tunnel someone tries to turn off the switch.

The latest of these challenges is one proposed by the President himself and backs up California state Governor Gray Davis in his bid to keep the state powered and healthy.

To meet this challenge, the base commander is publishing an Energy Policy Letter for base and tenant commands to respond to the recent energy cost increases in California.

"We spent more than \$3 million in 2000 for electricity alone," said Larry Emmons, base energy manager. "We are currently looking at a 46 percent increase in our electricity bill for 2001."

This equates to approximately \$4.2 million for the year, but the base is not budgeted for these cost increases.

"The shortage of and cost increases in utilities, both natural gas and electricity, in the state of California are well documented," wrote Col. Mark A. Costa, base commander, in the policy letter. "California Governor Davis' call for conservation as the primary responsibility and efforts of all Californians as a response has been accepted by the federal government."

"A goal of reducing peak consumption by 10 percent has been established. The policies and procedures contained in this series of

letters outlines our efforts to respond to the conservation goals and plan for scheduled or unscheduled power outages that may occur during the next months.

The objective of the policy is .... "to maintain the ability to accomplish mission and sustain a safe and healthy working and living environment while complying with the directed energy consumption reduction," according to the policy letter.

Effective immediately until rescinded, the following measures will be used to reduce consumption of electricity by all base activities, tenant commands, tenant activities, and residents of bachelor quarters and family housing:

- A minimum reduction of 20 percent interior lighting in all work spaces and quarters is directed. This can be accomplished by "delamping" fixtures, use of less than full lighting banks, shutting off lights when spaces are not occupied for 30 minutes, use of "task area" lighting, or other means. Only exterior lighting for the minimum safety and security is authorized.

- Thermostats will be set to 78 degrees in all work spaces and living quarters, when occupied. Higher thermostat settings will be set for unoccupied spaces.

- Unauthorized fans, window air conditioners, and other electrical equipment not directly supporting the mission will not be used. Requests for approval for such

equipment will be forwarded to the Base Energy Manager [Larry Emmons, 577-6739] for review on a case-by-case basis.

- Personal computers and all peripherals will be shut down at the surge protector when not in active use for more than 30 minutes and at the close of business. Questions concerning the effects of this on the equipment should be forwarded to the Information Systems Office.

As with all good policies, there are a few exceptions to the rule. This policy is no different:

- "In cases where implementing these measures jeopardize mission accomplishment, create an unhealthy or unsafe environment or violate approved workplace accommodations, commanders and heads of tenant units and activities may grant waivers while ensuring a compensatory conservation measure is in place.

Base activities will have waivers approved by department heads under the same criteria. The Director, Family Housing will forward all requests from residents to the base executive officer for approval."

Although each individual and activity is held responsible for complying with the policy, duty personnel, the base inspector, utilities personnel, and the energy manager will make spot checks to remind everyone about saving energy.

"Your cooperation and compliance greatly contributes to avoiding more significant reduction requirements and their potential adverse impacts," Costa wrote.



# COMMANDER'S CORNER

Maintenance Center Barstow

## *Productivity affected by simple things; Simple courtesy keeps impact positive*

By Col E. Rivers  
Commander

In our culture we often say, "do unto others as you would have them do unto you." This sentiment helps us to see things from another's perspective and it helps us to be courteous.

Some take it a step further and say, "treat others as they would like to be treated." This means getting to know those around you and learn to communicate more effectively. Many of us spend more time at work with our professional associates than we do at home with our families. Both our families and associates should be treated with the respect and dignity they deserve. This would mean to me the ability to agree to disagree in a way that says you have the right to your opinion on any given matter. Now, how you state that opinion, or even if you should state that opinion, should be carefully considered against the work place rules and regulations and mature experience. Remember that opinions are reflections of a person's life experience and none of us have lived each other's lives. Therefore, in most cases there is not necessarily a "right or wrong" to it – it's just different, that's all.

Most of us have been taught these "common courtesies," but what often happens is that in the heat of the battle, in the midst of a trying day, or through complacency, we sometimes forget our success often depends on the success of others. We fail to practice what we know is right. That is why occasionally we need to revisit those "common courtesies."

We all, from "top to bottom," can use some reflection on how we talk to and treat the people we work with.

Stopping the little negative comments that are said as a joke, acknowledging people's feelings as valid and listening "seeking first to understand; then to be understood" are things we all can do to show respect for our fellow workers.

Overall, I'm convinced the employees at the maintenance center are professionals with a great deal of pride and patriotism. However, because of stresses of everyday issues and long working hours we sometimes forget the courtesies many in our culture regard as common. The "pleases", "thank you's", "excuse me's"

and "I'm sorry's" are an important part of who we are and contribute to our success through teamwork.

Simple courtesy impacts productivity: let's impact it in a positive way.

**"We all, from 'top to bottom,' can use some reflection on how we talk to and treat the people we work with."**

### *The Commander's Taste Test*



Photo by Curt Lambert

Colonel E. Rivers, Maintenance Center Barstow commander, tastes water from container 19. The water supplied to MCB comes from Yermo wells and is tested weekly, monthly and annually. Before it gets to MCB it must meet very stringent California water quality standards.

The time of year when the weather gets hot and the need for cool, clear drinking water becomes a must is here.

It's also the time of year when employees let the maintenance center commander know about their likes – or dislikes as the case may be – of the drinking water supplied to us.

As the result of a number of these concerns about the taste and overall water quality, Col. Ervin Rivers, Maintenance Center Barstow commander, wanted to ensure the employees and himself the water was fit for drinking, so he recently visited a number of areas around MCB to do his own taste test. At one point employee Dennis Kepley, CWC 723, accompanied him.

After testing the water in five different locations Rivers said he felt the water was fit for drinking from a taste standpoint.

## Improving safety in our workplace

By Col E. Rivers  
Commander

Improving safety within the Maintenance Center is not a discretionary activity resourced as an afterthought. We are investing in safety as a mandatory and continuous activity.

Although I have put dedicated resources towards improving safety, we can and should do more. With the help of every employee we can reduce safety mishaps that lead to lost work

days and long term workmen's compensation costs.

This is important because these costs are paid by the revenue generated by your sweat and hard work.

I urge each employee to make safety part of his/her work process, and let's use our hard-earned revenue to improve our work environment and enhance our work experience.

As we reduce safety mishaps, you will begin to see increased investments in our facility, our equipment and in you ... the shareholders.

### COMMANDER'S SAFETY POLICY STATEMENT

Ensuring the safety and health of our personnel, our most valuable and precious resource, is an integral part of our mission and a fundamental responsibility of each member of the Maintenance Center Barstow (MCB). All must be involved from the top level to the shop level.

MCB's continued success hinges on our commitment to an active, comprehensive and effective occupational safety and health program. We must actively ensure that we incorporate safety and health principles into our daily decision-making processes and work habits.

An effective, successful safety and health program depends on the sincere and constant cooperative efforts of all managers, supervisors and employees. No task is so important and no order so urgent that we cannot take-time to perform our work safely.

E. Rivers  
Colonel, U.S. Marine Corps  
Commander

Maintenance Center Commander: Col. Ervin Rivers  
Maintenance Center Deputy Commander: Gary Baker

Editor: Dianna McCormick  
Commander's Corner phone numbers: 577-7045/7055



# AROUND THE CORPS

## Land Warrior coming to a grunt near you



Official DoD photo

A soldier using the Land Warrior system stays under cover and can still see what's outside.



Official DoD photo

Army Spc. Christopher Bashaw demonstrates Land Warrior's eye-level thermal sites, with his view displayed on a video monitor at right.

By Jim Garamone  
American Forces Press Service

WASHINGTON – The Land Warrior system may not be fashionable, but it's what the well-dressed infantryman will fight in.

Members of Congress and their staffs got a chance to see what well-dressed grunts will wear during a May 3 demonstration of the Land Warrior technology at the Rayburn House Office Building here. The system designed by Army researchers based in Natick, Mass., is aimed at making service members more lethal on future battlefields.

The system integrates existing computer and communication technologies with weaponry. The Army program – being watched closely by the other services – looks at the personal gear of infantrymen and works to integrate the system.

Sergeant Joshua Katz, a Ranger from Fort Benning, Ga., demonstrated Land Warrior Version 6 on the Hill. He detailed what the "battle rattle" means to service members. The heart of the system is a wireless local area network.

"In this (an infantryman) has a computer in the back with a separate communications/navigation system," he said. "What he sees is transmitted to all." It's a true network, not point-to-point communications.

"He sees a map through the heads-up display," Katz said. "This shows his icon on the map with a 10-digit display and it will show the other land warriors and their positions." It also shows actual or suspected enemy positions.

The system operates off a rechargeable lithium battery good for six to eight hours if everything's turned on. Katz said there's also a nonrechargeable battery for combat that lasts up to 12 hours.

The warrior wears a vest that can be configured in many ways depending on the mission and the infantryman's comfort, he said. It's married up with body armor that will protect the soldier from 9mm bullets and shrapnel. "Put in two plates, front and back, and they will stop multiple hits from 7.62mm rounds," Katz said.

The future warrior's Kevlar helmet is cut shorter and is more comfortable than the present day helmet, he said. The soldier will also have protective knee and elbow pads for when they're "running and gunning."

The warrior's weapon is an M-4 carbine with a system mounted on the front," Katz said. "That allows him to interchange optics on the weapon." The M-4 is a variant of the standard-issue M-16A2 rifle, modified for U.S. special forces.

The optic systems include a daylight video sight that feeds through a wire to the head-mounted video display. It will take still pictures and send them over the local area wireless network. A lightweight thermal sight provides night and low-light vision and can see through fog and smoke.

"The M-68 close-combat optic is for ranges of 300 meters and below. The back of the weapon has a flip-up iron sight in case the optics fail," Katz said. "That means a soldier can still do everything a soldier needs to do: shoot, move and communicate."

All the weapon information goes

The warrior wears a vest that can be fully configured in a variety of ways depending on the mission and the infantryman's comfort. It's married up with body armor that will protect the soldier from 9mm bullets and shrapnel.

into the heads-up display. Soldiers look at the heads-up display through ballistic laser protection glasses.

The personal load is the same as today, 79 pounds, he said, while the combat load is 92 pounds and includes the weight of water and ammunition. "The Army chief of staff, Gen. (Eric) Shinseki, said we can't go forward (with the project) if there's an increase weight at all," Katz said.

The first Land Warrior version will be fielded in fiscal 2004. The Army expects to procure 34,000 sets of the system. That system will be more streamlined and will contain a multifunction laser. Soldiers will be able to point the laser at a target and the information will go directly to the network. This will allow the soldier to call for artillery fire, for example,

without having to voice transmit coordinates.

Future versions of Land Warrior will seek to reduce the weight of the system.



Official DoD photo

Soldiers test the Land Warrior system during exercises at the Army Infantry Center, Fort Benning, Ga. The soldier on the right is taking advantage of the system's ability to look around corners.



A soldier models the Land Warrior system.





By Jim Gaines  
MCCS Publicity

**Memorial Day Sale**  
A savings bonanza – the Memorial Day Sale is underway at the Exchange-Super Seven Store.

Bargains like these are waiting for you: Technics speakers for your home at the low price of \$129.95. For your car, Blaupunkt car stereo/CD player on sale at \$139.95. Flat-screen Panasonic TVs while they last at \$499.95.

The sales runs through May.  
The Exchange/Super Seven Store is open Mondays – Fridays, 8 a.m. – 7 p.m. and Saturdays, Sundays and holidays 10 a.m. – 6 p.m. Call 256-8974 for details.

The Railhead Exchange in the Yermo Annex is open Mondays – Fridays, 8 a.m. – 6 p.m. During troop rotation the Railhead Exchange is open Saturdays and Sundays, 9 a.m. – 5 p.m.

**Lunch menu**  
*Today* – Enchilada casserole.  
*Friday* – Hoki fish.  
*Monday* – Chicken a la King.  
*Tuesday* – Pot roast.  
*Wednesday* – Pork sirloin.  
*Thursday* – Hamburger pie.

Lunch is served 10:30 a.m. – 12:30 p.m. \$3 military, \$4.50 civilians.

**Family Night menu**  
*Tonight* – Italian Night.  
*Next Thursday* – South of the Border Night

Family Night dinners served Thursdays, 4:30 – 7:30 p.m. \$4.50 adults, \$2.50 children 5-11 years, .4 and under free.

**Youth's golf clinic**  
Tees & Trees golf course is providing a golf clinic for youth six – 17 years of age.  
Oscar is hosting the clinic. The dates and time are June 18 – 22, 9:30 – 11:30 a.m.

The cost is \$10. Sign up early as this is a popular event.  
For more information call Tees & Trees golf course at 577-6431

**Hobby shops**  
There are lots of things to do at the hobby shops: Auto hobby has all the tools ready for you to get your car in shape. Ceramic hobby has steins for Father's Day (including a Marine Corps stein). Wood/Rock hobby has the stones to make a great belt buckle for Father's Day. Check out your hobby shops.

ITT SUMMER TICKET PRICES

TICKETS:	EXPIRATION DATE:	ADULT / CHILD:	CHILD AGE:	GATE PRICE:
Disneyland 1-day	Jun. 20, 2001	\$30.50 / \$30.50	3 - 9 years	\$ 43.00 / \$33.00
Disneyland/Cal. Adventure 2-day	Jun. 20, 2001	\$66.50 / \$66.50	-----	-----
	Jun. 20, 2001	\$79.50 / \$79.50	-----	\$111.00 / \$87.00
Disneyland/Cal. Adventure 3-day	Dec. 30, 2001	\$20.50 / \$15.00	3 - 11 years	\$ 40.00 / \$30.00
	Dec. 30, 2001	\$26.25 / \$26.25	3 - 16 years	\$ 34.00 / \$29.00
Knott'sberry Farm	Dec. 30, 2001	\$13.00 / \$ 7.50	3 - 11 years	\$ 14.95 / \$ 7.95
Legoland	Jun. 30, 2001	\$20.50 / \$12.00	under 48"	\$ 42.99 / \$20.50
Long Beach Aquarium	Nov. 30, 2001	\$32.00 / \$24.00	under 12 yrs.	\$ 39.95 / \$26.95
Magic Mountain	-----	\$ 8.50 / \$ 6.00	4 - 11 years	\$ 12.95 / \$ 6.95
Medieval Times	-----	\$20.25 / \$10.75	4 - 12 years	\$ 24.00 / \$12.00
Moveland Wax Museum	-----	\$ 7.50 / \$ 5.00	4 - 11 years	\$ 8.95 / \$ 5.25
Old Town Trolley	Jan. 31, 2002	\$22.00 / \$12.00	3 - 11 years	\$ 28.50 / \$16.50
Ripley's Museum	Mar. 31, 2002	\$34.75 / \$26.75	3 - 11 years	\$ 41.95 / \$31.95
San Diego Zoo	Dec. 31, 2001	\$30.00 / \$25.00	3 - 11 years	\$ 43.00 / \$32.00
Sea World	Jan. 31, 2002	\$20.00 / \$15.00	3 - 11 years	\$ 25.45 / \$18.45
Universal Studios	Nov. 30, 2002	\$26.00 / \$18.00	3 - 11 years	\$ 37.95 / \$23.95
Wild Animal Park	Jun. 30, 2001	\$28.00 / \$25.00	3 - 11 years	\$ 43.00 / \$32.00
Wild Bill's Dinner & Show	-----	\$ 6.50 / \$ 6.50	4 - 12 years	\$ 13.00 / \$13.00
Universal Studios Special	-----	\$ 9.00 / \$ 9.00	4 - 12 years	\$ 18.00 / \$18.00
Harbor Tour 1-hour	-----	\$42.50 / \$42.50	-----	\$ 55.00 / \$55.00
Harbor Tour 2-hours	-----	\$36.50 / \$36.50	2 - 11 years	\$ 41.50 / \$31.50
Harbor Dinner Cruise	-----	\$15.50 / \$ 8.75	3 - 11 years	\$ 17.00 / \$ 9.00
Catalina Express Tour	Jun. 17, 2001	\$11.50 / \$ 6.00	5 - 11 years	\$ 17.50 / \$ 7.50
Catalina Sightseeing Tour	-----	\$16.50 / \$13.00	-----	\$ 21.00 / \$14.95
Renaissance Faire	-----	\$15.00 / \$12.00	-----	\$ 21.99 / \$13.95
Soak City	-----	\$15.00 / \$12.00	-----	\$ 24.00 / \$18.00
Hurricane Harbor	-----	\$16.00 / \$16.00	-----	\$ 24.99 / \$24.99
Wild Rivers	-----	\$40.00 / \$40.00	-----	\$ 49.99 / \$49.99

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Raging Waters (season)  
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ITT tickets are available after business hours at Bowling Center.



CHANGES from Page 2

from the old Corps ways, such as daily formations and open squad bays for sergeants and below, that really concern me. I wish we could keep both as requirements today.

Now before you sergeants and below start shoving pins into little Sgt. Maj. Mellinger dolls, let me explain:

I can recall in the '70s us having three formations a day. The 0700 and 1300 formations ensured we were present and that our uniforms, haircuts, etc., were good to go. The 1700 one was to forecast the next day's mission, give any needed attitude adjustments and to sound liberty call. In addition to those three formations, we formed up and marched to our three meals each day. Actually, we formed up and marched even when there were only a handful of us going somewhere. And come to think of it, we even had to form up twice a month to receive our pay.

A platoon's privates through sergeants lived in the same open squad bay (like basic training) barracks. Noncommissioned officers lived on one end separated from the lance corporals and below only by curtains and wall lockers. When a new Marine reported aboard, the bunk beds were simply slid closer together to make room.

"And my point is," you ask? Those old ways of doing things (as a unit) served to bond us closer together. It taught Marines to be responsible for fellow Marines, especially the sergeants and corporals in charge of those formations and barracks.

Being together as much as we were back then caused us to take greater interest in one another both personally and professionally. You could say it helped to solidify our units. Accountability up and down the chain of command was commonplace.

I'm afraid that with some changes from the old Corps we now suffer from too much individualism. Less required formations means less interaction between NCOs and junior Marines. With private/semi-private living spaces comes isolation of Marines from their fellow unit members, how does accountability take place in this type environment? I don't believe it does to the level it needs to be.

A Marine shows up for work, puts in the day and no one in the unit has a clue about him or her after that until the next morning.

Change can be good for our Corps in certain areas, but not when it threatens the cohesiveness and team spirit of a Marine unit. If we as Marines of today make it a point to be accountable and responsible for the welfare of our Marines then I'll be happy that the most important things from the old Corps have remained.

RIF from Page 1

ties study here to compete against the best-value contractor to perform the majority of the base's facilities maintenance, transportation and internal supply activities.

The base won the tentative award decision to retain the in-hour government work force.

SCHOLARSHIP from Page 2

be remembered, in history books, in songs of praise, in the hearts of free American citizens, and on the lips of the men and women who can proudly say that they are members of the United States Armed Forces. My father was one of these men, who would have given his life in order to protect his family and country.

All of my life, my father has served as a member of the United States Marine Corps, he had a job that I could be proud

of. He was a great man, a great father, and an excellent example for others to follow. Although there were some occasions where duty called, and we had to sacrifice our time with him, he always made up for it when he returned. His love for our great country and willingness to serve it instilled in me my own love for America, the Land of the Free and Home of the Brave. He taught me to respect our great nation, our flag, and our leaders. I

HERITAGE from Page 4

"Pride, because heritage is one of great richness and depth that have facilitated the Asian Pacific American community's outstanding contributions to American history. The traditions of family, hard work and community have been critical in sustaining the community in good times and bad times."

She said there have been bad times, including the internment of some 120,000 Japanese Americans during World War II and treating Chinese, Filipinos and other groups as targets of aggression throughout the United States.

Bur, Foley added, "The valor of the Japanese Americans who fought for our country during World War II affirmed the patriotism and loyalty of Japanese Americans – and taught us important lessons about justice and tolerance in this country."

Vivian Kim, founder and chair of the National Association of

Asian American Professional Women, said having an Asian Pacific American Heritage Month is important.

"It's meaningful to us because it not only acknowledges our heritage, it also highlights the contributions we've made to society and our status in the United States," she said.

"It's particularly important for Asian American women who are trying to present a positive image in the work place and society as a whole," said Kim, a procurement analyst at the Department of Health and Human Services' Substance Abuse and Mental Health Service Administration. "Usually, Asian American women are perceived as passive and project a poor image because of our history."

"Confucius' teachings say you obey

**GOT NEWS?**

Call the friendly staff at the BARSTOW LOG with your newsworthy event. 577-6430 from 7:30 am.–3:30 p.m.

am thankful for the men who gave their lives, and the families that had to do without, so that I could enjoy the freedom that I do today. The sacrifices that were made are something that I can comprehend, because my father could have been one of those great men. Being the daughter of an officer in the United States Marine Corps has taught me to love my country and to never forget the long hard road that had to be traveled in order to be where we are today.

your father when you're a child," Kim said. "When you get married, you obey your husband. When you're old, you obey your first son. That's the environment the Asian woman grew up in – man as the center of her whole life."

Confucianism is the ethical teachings formulated by Confucius and named after the ancient Chinese philosopher and teacher.

It introduced into Chinese religions the emphasis of devotion to parents, family and friends, cultivation of the mind, self-control and just social activity.

"That was our attitude and behavior, consequently we're perceived as very humble, passive – silent," Kim said. "We never speak out. To an Asian woman, suffering in silence is a beautiful virtue."

But 20th century Asian women's lives are changing because of more educational and training opportunities, and they're motivated, she said.

"Now it's time we change the way society views us!" Kim said emphatically.

**"The valor of the Japanese Americans who fought for our country during World War II affirmed the patriotism and loyalty of Japanese Americans – and taught us important lessons about justice and tolerance in this country."**

– Corazon Sandoval Foley

# SPORTS

## Intramural volleyball heats up at base gym

By Cpl. Joshua Barnhardt  
BARSTOW LOG staff

### Big Kahunas keep rolling

The Big Kahunas once again scorched their opponent, Comm in an intramural volleyball game at the Fitness Center May 9.

The Big Kahunas did what they have been doing all season by sweeping their competition right off the court in two sets.

In the first set, the Big Kahunas wasted no time and put Comm away 25-11.

In the second set, Comm managed to squeeze 19 points out of the Big Kahunas, but still lost 25-19.

So far there has been no match for the Big Kahunas in the intramural league. They look to be the favorites to win the title.

### Challengers dog Hoyas

The Hoyas faced off against the Challengers in the second match of the night at the Fitness Center.

It took the Challengers three sets to put the Hoyas away.

In the first set, the Hoyas surprised the Challengers and beat them 25-21.

The second set was different as the Hoyas ran out of surprises and lost to the Challengers, 25-16.

The third set was a close one, but the Challengers pulled away with the 15-11 win. They won the game 21-25, 25-16, 15-11.

### Challengers arrest PMO

PMO took on the Challengers in intramural volleyball action at the Fitness Center May 9.

The Challengers won in three sets, as PMO gave them a scare.

The Challengers breezed through the first set 25-17.

PMO shocked them by taking the second set by storm. They won it 25-16.

In the third set, the Challengers put away PMO with a 15-10 victory.

The Challengers won the game 25-17, 16-25, 15-10. They currently stand atop the leaderboard with the Big Kahunas in the intramural volleyball league.

### Intramural Volleyball League Standings

Team	Wins	Losses
Big Kahunas	3	0
Challengers	3	0
Comm	1	2
PMO	0	2
Hoyas	0	3



Photo illustration by Sgt. Brian Davidson

## SPORTS BRIEFS

### MC Ball golf tournament

There is a Best Ball golf tourney at the Tees & Trees Golf Course May 23 in support of the Marine Corps Ball. Sign-in is at 6:30 a.m. for teams of four. Mulligans are \$1 with a limit of five. Food and refreshments (i.e. burgers, hotdogs, chips and sodas) are provided after the tourney. Come and support the Marine Corps Ball. For more information call Gunnery Sgt. Patrick O'Kane, 577-6422.

### Tucson softball tournament

The 13th annual Weekend Bash softball tournament will be held June 23-24 in Tucson, Ariz. The champions walk off with their choice of new gloves or bats. The top four teams receive awards. For more information call Greg Manning, (520) 228-5478.



# SPORTS

## MCLB runners take on 40-mile relay

Story and photos by Cpl.  
Joshua Barnhardt  
BARSTOW LOG staff

MCLB Barstow competed in the Fort Irwin to the Barstow Veterans Home 40-mile relay race Saturday.

Two teams entered the race, gold and scarlet.

The gold team was made up of the faster runners and the scarlet team was made up of Marines and Sailors who wanted to participate in the race.

The race was broken up into 20 two-mile increments. Each runner ran one two-mile leg with some runners doing two.

The gold team finished fifth overall at 4:26 minutes, and the scarlet team finished in 5:11.

The Barstow High School Cross Country Team finished in first place with a time of 3:59.

The gold team started out with a quick pace behind runner Hollis Hudetz in the first leg, but was in seventh place after two miles. It stayed that way as Jeremy Wellington, Tualago Tautua, Jose Mendoza and other runners strived to maintain the pace.

The gold team made their move going up Jackhammer Pass, when Bryan McClune closed a one-minute gap on the sixth-place team in two miles.

The sixth-place team gained some of their lead



John Camacho, gold team runner, is a blur of motion as he goes all out to catch the fourth-place team's runner.

back going up the rest of the pass, but Tavon Hubbard got rid of that coming down the hill and tagged Vincent Applewhite, who took over sixth place and brought the gold team breathing down the neck of the number five team.

Edward Jones made quick work of

taking over fifth place then put the hammer down, turning in an 11:15 two-mile stretch. He put two minutes between the gold team and the next team behind them.

As the team reached Barstow, they had to go up one more hill. That was left up to



Michael BudabinMcQuown, scarlet team runner, takes a break on the edge of the road after finishing his leg of the race.

John Camacho. He fell over after reaching the last checkpoint before the finish, and the entire team took it home the last half-mile for a strong finish.

Luke Ratcliff was a vital part of the gold team's effort. After running a two-mile leg, he ran countless half-mile stretches to help push his teammates to the finish line of their leg faster.

The scarlet team had some pretty fast runners of their own. Derek Christoff, Samuel Reyes and Bryce Catlett were among many runners who did their part to get the team across the finish line.

The gold team ran the last quarter-mile with the scarlet team in a large formation as Robert Cole called cadence to give MCLB a stylish, strong finish to the race.



Led by Tualago Tautua carrying the National Ensign, MCLB's gold and scarlet running teams cross the finish line of the Ft. Irwin-Barstow 40-mile Relay in style. With Robert Cole calling

cadence, the tired but happy runners capped off the annual race showing the motivation and teamwork for which Marines are famous throughout the world.

Photo by Cpl. Joshua Barnhardt



# High Desert neighbors awakening from slumber

By Sgt. Brian Davidson  
Press Chief

Around this same time last year, two Mojave Green rattlesnakes emerged from their den near Desert View Housing.

This same cycle repeats itself in the High Desert each year, regardless of our presence. Fortunately, pest control coordinator Eric Fortin caught those two rattlesnakes before one of the small children, who are always playing in the area, happened upon them.

Fortin put the rattlesnakes in a cage at his office in Building 343 next to the Tees and Trees Golf Course.

“We found a male and a female, and she looks like she’s pregnant,” said Fortin. “Our concern is that we found them in housing. If someone gets bitten, that becomes a MEDEVAC situation.”

The Mojave Green is the deadliest snake in the High Desert, carrying



Photo by Sgt. Michael McQuillan

These Mojave Green rattlesnakes were captured in Desert View Base Housing last spring by Eric Fortin, Maintenance pest control coordinator. The snakes now reside in a cage in his office for reference.

both neurotoxic venom that attacks the nervous system, and hemotoxic venom, which attacks the blood. Base Maintenance keeps the snakes on hand as a precautionary measure. Contractor personnel new to the base may not recognize a Mojave Green without first seeing one.

Still, snakes are not the only creatures emerging with the warming of the weather, according to Fortin, who is responsible for handling pest control in many areas on base.

“So far we have nabbed two

Sidewinder rattlesnakes, an occasional scorpion and a bee swarm,” said Fortin. “They are out and we are expecting a lot this year because of the amount of rainfall we have had. You have to take some simple precautions to avoid the critters.”

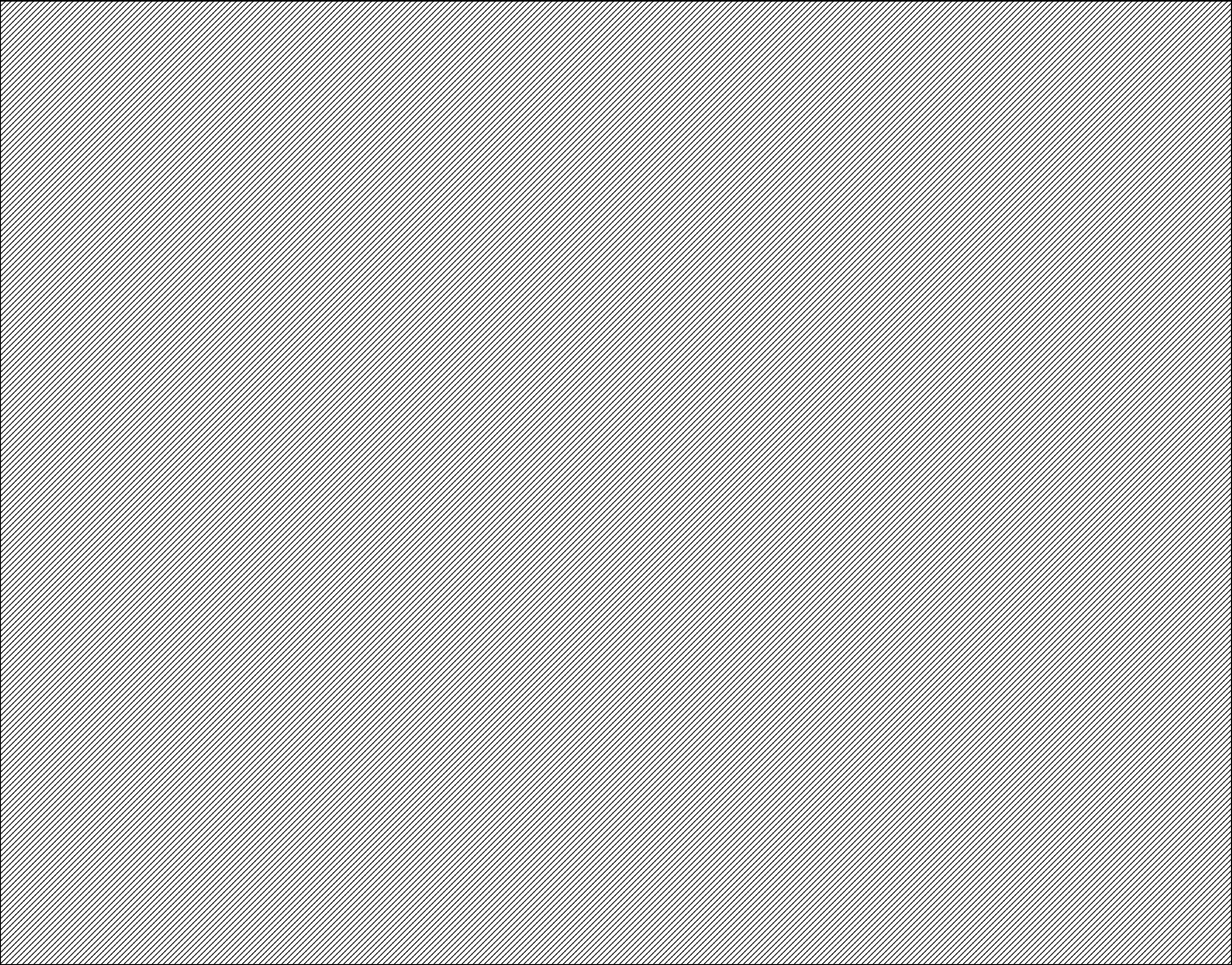
Where there are gutters, there is always the possibility of finding critters, according to Fortin. Scorpions like to take cover from the desert sun under piles of debris. Keep hedges trimmed and avoid doing chores outside at night when visibility is lower.

Base housing residents are cautioned to keep their grass and weeds trimmed at all times, leaving nowhere for the snakes to hide.

Also, when working in the backyard, residents need to watch where they put their hands.

Fortin, who grew up hunting rattlesnakes, used to catch them with his bare hands, but now uses a pair of tongs to snare the wily creatures. Not everyone has his experience or expertise. Play it safe. Contact pest control if your pest control problem is bigger than the usual.

If you see a pest in your yard, contact Eric Fortin, 577-6467.





Please submit all Trader Ads to editor@barstow.usmc.mil.

**1993 CHRYSLER CONCORDE:** Loaded, xlt cond., 50K miles, one owner, asking \$7,000. Call 252-3309.

**1997 TOYOTA PREVIA S/C:** Clean inside and out. \$14,000 OBO. May consider payments. Call 255-3045.

**1997 TOYOTA PREVIA MINIVAN:** Supercharged, dual A/C, white, central locks, auto, \$13,000. Owner may consider payments. Call (408) 203-0061.

**1997 JEEP GRAND CHEROKEE:** 52K miles, gray interior/exterior, AM/FM cassette, 6 CD changer, looks great, runs xlt, all the extras needed for great family vehicle, \$19,000 OBO. Call 252-8325.

**1998 NEON:** A/C, 4 door, 30K miles, 5 spd, white runs great, \$8,500. Call 252-9199.

**1989 CHEVY CAVALIER:** Air, automatic, 4 cyl, nice car, needs engine work, \$700 OBO or trade. Call 252-9199.

**1969 DODGE DART:** 360 engine, auto, 2 door, \$2,000. Call 252-9199.

**1977 VW VAN:** Auto transmission, seats 7, 134,957 miles, 25 mi/gal, runs great, \$2,500. Call 252-3510, 6 a.m.-8 p.m.

**SERVICES:** Attn. ladies, aesthetic body waxing and henna tattoos available right here on MCLB. Great rates, call for your appointment, 252-8666.

**MISCELLANEOUS:** Truck tires, \$100 for all 5, xlt. cond., 245/75R16 109SMS. Call 252-3510, 6 a.m.-8 p.m.

**MISCELLANEOUS:** Swing-set by Fort Adventure includes 10' wave slide, two swings, trapeze bar, sandbox, monkey-bar and sky-loft. You take apart and haul away. \$300 firm, valued at \$1,300. Call 256-0994 AWH.

**MISCELLANEOUS:** Water cooler for bottled water, works cool, \$50 OBO; glass panel decorative etched glass tampered, 18" x 36", oval with inlaid flower design, only \$30. Call (408) 203-0061.

**MISCELLANEOUS:** Girl's Li'l Tikes cottage-style twin-size bed and mattress, xlt cond., bed head has cottage-style roof, and a window to store dolls, etc. must see, \$150; Alpine stepper, very good condition, make offer. Call 253-2677 after 5 p.m.

**MISCELLANEOUS:** Executive office chair, chrome, stainless and black Italian leather, high-back w/ arms, \$100. Call 253-5926.

**MISCELLANEOUS:** Cell phone (Nokia) with battery and case, \$45. Call 242-8839.

**MISCELLANEOUS:** Valley receiver hitch class III for pick-up truck, nearly new \$85; Michelin truck tires, LT235/85R16, xlt. cond., \$25. Call 256-6629.

**MISCELLANEOUS:** 25 cu. ft. side-by-side refrigerator with icemaker, works good, \$200 OBO; coffee table, Narra wood, xlt cond. \$100 OBO. Call 253-2394 AWH.

**MISCELLANEOUS:** Full size Kenmore microwave oven, xlt cond. \$50. Call 252-3309 lv msg.

**MISCELLANEOUS:** Multi-blue sectional couch, xlt cond., \$150 OBO; Free to good home, 1/2-lab, 1/2-retriever female, spayed dog, lovable and well behaved. Moving and cannot take. Call 951-1419 anytime.

**MISCELLANEOUS:** Guitar, Yamaha electric, xlt. cond., cream w/ white pick guard, strap and distortion pedal included, \$200. Call 957-1709.

**MISCELLANEOUS:** California king size wooden bed frame, w/6 drawer base matching 6 drawer dresser w/ mirror, good condition, all for \$350 OBO. Call 252-8118.

**MISCELLANEOUS:** Lane couch, Hide-A-Bed, blue, \$150; solid oak dining table, \$50; 2 solid oak press-back chairs, \$15 each; Fisher Price, big climbing tree house, \$50; step 2 slide climber, \$30 OBO. Call 252-3491.

**MISCELLANEOUS:** Bassett sleeper sofa/loveseat set, innerspring mattress, southwest colors, \$250 set; queen mattress set w/black metal canopy frame, like new, \$200 for all; black wood folding end leafs oval table, sturdy, \$100. Call 252-4072.

**MISCELLANEOUS:** Table/floor lamp, lights at base and top with 3-way switch, shade, \$20; dark walnut baby grand piano, may be Steinway \$1,500; 6-drawer dresser, wood, \$50; Sears electric lawn mower, \$25. Call 255-3045.

**MISCELLANEOUS:** Coffee table and two end tables, whitewash, in xlt shape, \$50 OBO. Call 252-7400.

**MISCELLANEOUS:** Carpet, forest green, fits stretch quarters, good condition, \$300 OBO.; blue carpet fits bedroom 10 1/2' X 10', \$20; two large, white vertical blinds, \$40 OBO. Call 252-3023.

**MISCELLANEOUS:** Steel work bench, \$50; large oak easy chairs, \$50 each; filing cabinet w/2 drawers, \$10. Call 252-7789.

**MISCELLANEOUS:** Bike, tandem, 5 speed, new tires, \$100 OBO; hot tub, \$1,200 OBO. Call 253-7366.

**WANTED:** DJ turntables, mixer, ALICE pack, load-bearing vest, K-bar, camelback w/cammie cover for reasonable price. Call 252-9146 or page (864) 266-0536.

**WANTED:** 360 engine and transmission from a Dodge, Chrysler, Plymouth or Jeep. Call 252-9199.

